



**Our Lady of Mount Carmel and  
St. Joseph Roman Catholic Church**  
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Parish Team		
Fr.	<b>Peter Pagac</b>	<b>SDB</b>
Fr.	<b>Anthony Lobo</b>	<b>SDB</b>
Rev.	<b>Fidelis Chukwu</b>	
Rev.	<b>Michael Kennedy</b>	

**SYNOD 2023: THE NEXT TWO YEARS IN THE LIFE OF THE CATHOLIC CHURCH**  
Synod 2021-2023 Remember that the Holy Father is inviting the whole Church, and every person at Our Lady of Mount Carmel and St. Joseph's to prayerfully discern together and offer recommendations on how best our Church can grow in Communion, Participation and Mission. For more information visit <https://rcaos.org.uk/synod>

### Mass Times, Intentions and Information

<b>SUNDAY 13<sup>th</sup> March 2022 – SECOND SUNDAY OF LENT - YEAR C</b> <b>10am: Birthday Thanksgiving for Rev Dcn Fidelis</b> <b>12:00: People of the Parish</b>	<b>THURSDAY 17<sup>th</sup> March 2022 – St. Patrick, Bishop, Patron of Ireland</b> <b>9.30am: Rosary</b> <b>10:00am: Mary Drescoll (FM)</b>
<b>MONDAY 14<sup>th</sup> March 2022 – Feria</b> <b>10am: No Eucharistic Service</b>	<b>FRIDAY 18<sup>th</sup> March 2022 – St Cyril of Jerusalem, Bishop and Doctor of the Church</b> <b>9.30 Rosary</b> <b>10:00am: No Mass</b>
<b>TUESDAY 15<sup>th</sup> March 2022 – Feria</b> <b>9.30a: Rosary</b> <b>10am: Avril and Alan Lewis well-being</b>	<b>SATURDAY 19<sup>th</sup> March 2022 – St Joseph, Spouse of the Blessed Virgin Mary, Patron of the Universal Church</b> <b>The Patron of the Parish</b> <b>10am: Agnes Winkler RIP</b> <b>All invited to Mass today as it is the Patron of our Parish</b>
<b>WEDNESDAY 16<sup>th</sup> March 2022 – Feria</b> <b>10.00:am No Mass</b>	<b>SUNDAY 20<sup>th</sup> March 2022 – THIRD SUNDAY OF LENT - YEAR C</b> <b>10am: Bukola Komolafe Birthday Thanksgiving</b> <b>12:00: Laureano Lamser RIP</b>

**Mass at Sacred Heart Parish: Mondays, Wednesdays and Fridays at 10am**

**Parish office:** Open Monday to Saturday: 11:00am to 7:00pm except Wednesdays

**Holy Father's Intention for March 2022: For a Christian response to bioethical challenges:** We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

**SAFEGUARDING:** This parish welcomes everyone: we do not see your passport or identity card: ALL ARE WELCOME HERE! However, if you want to take up a ministry in the parish premises working with children or adults, you must have a DBS clearance-this is an essential safeguarding procedure that we must follow by British Law. There are no exceptions to this **EXCEPT FOR READERS**; we appreciate and thank all those who undertake extra ministry, but they must be covered for their own safety and the safety of those they serve.

**COVID 19.** Please note that in this church facemasks and hand sanitiser are in use. Clearly parishioners who care for the health of their neighbour, as well as their own, will consider very carefully the advantages of continuing to sanitise their hands and of wearing a mask in church, it must be a mask covering nose and face. Whatever you think, thank you for thinking of others before yourself. Hands Face Space

**Are you on our Gift Aid List Yet?**  
By signing up for Gift Aid, every £1 you give (whether via Sunday envelopes or standing order) allows the Church to receive an extra 25p in funds from the UK government. If you would like more information, please contact Marion the Parish coordinator or The Parish office

**HOSPITAL CONTACTS** If you or a member of your family are admitted to one of the local hospitals, do please let the hospital's Catholic chaplain know.  
St George's Hospital: Fr Mark Higgins (020 8725 3069).  
St Heliers and Epsom Hospital: Fr Philip Pak (020 8296 2000)  
Kingston Hospital: Fr Tony Oleh (020 8546 7711)  
Guy's and St. Thomas Hospital: Fr Jake Dicto (020 7188 5588)  
Chelsea and Westminster Hospital: Call the Chaplaincy (020 3315 083 Emea: 07659 140 566)

**Offertory Collection:** Thank you for your generosity, this week's second collection is for the needs of the Parish

**CONTACT THE PARISH PRIEST:** If you want to have talk with Father Peter, please send him an e-mail: [peterpagac@rcaos.org.uk](mailto:peterpagac@rcaos.org.uk) or phone him on 0207 223 2747 and he will arrange a good meeting time for you to see him.

**ARE YOU NEW TO THE PARISH?** If you are new to the parish then we extend a very warm welcome to you. Please complete the 'New Parishioner Enrolment Form' and post it to the Parish Office or hand it in during Mass. Hard copy forms are available in the entrance of each church

**Eucharistic Adoration:** Takes place on Fridays with confessions throughout the Lent, From 6.00 to 7.00pm. You are all welcome for a quiet time of prayer.

**EASTER HAMPER RAFFLE:** We start the sell of ticket from 13<sup>th</sup> March and the draw will take place on Palm Sunday 10<sup>th</sup> April. £1:00 for strip of 5 tickets. Donation sheet is at the back of the Church. All money collected will go to Ukraine Refugee Appeal

# Parish Diary and Reflection

<b>Sunday</b> – El Shaddai Prayer – 1:00 – 3:30pm	Tea and Coffee - <b>Cancelled until further Notice</b>
<b>First Friday of the Month:</b> Adoration & Benediction	Saturday - Youth Practice 1:00 - 3:00pm Choir Practice: 1:00 - 5:00pm

## THE SECOND SUNDAY OF LENT C



The Lenten season offers us the opportunity to make sacrifices. It prepares us for the future glory through prayers, good works, reflections, and self denials. It is a time when we grow in grace in order to advance faithfully to the mountain of God's glory.

This season, we must be spiritually attentive in order to know what Christ wishes to communicate to us through his Paschal Mystery. If we understand it, we would be better positioned to partake in the glory of His resurrection. In order to achieve this, Paul advised us to: *"Remain faithful to our Lord Jesus Christ,"* because he is, *"Our light and our help."*

The first reading from Genesis explains how blind obedience to God transforms the childless and pagan *Abram* into a believer in the one true God, and, later in his story, from *Abram* into the *Abraham* who became the prototype of trusting Faith and the father of God's Chosen People.

St. Paul said: "Where sin abounds, grace abounds all the more." We are not meant to remain sinful and weak; we are destined to a life of glory as God's beloved children. St. Paul reminds us of this in the second reading: "Our citizenship is in heaven. Jesus Christ will change our lowly body to conform with his glorious body by the power that enables him also to bring all things into subjection to himself." Let us not, therefore, remain in sin, darkness and disgrace; it is time to live honourably as children of light, and the time is now. Let us be truly transfigured – let us show once and for all who we really are: God's children and inheritors of heaven.

In the gospel, Jesus revealed his future glory to Peter, James and John who are collectively referred to by bible scholars as: *"Members of the inner circle."* They saw the glory and splendour of God revealed in Christ who represents the New Covenant; in Moses, who represents the Law; and in Elijah who represents the Prophets. The transfiguration of Christ before His disciples is of great significance, and has lots of lessons for us.

In his Transfiguration, we see an anticipation of the glory of Jesus' Resurrection. In each of the reports of the Transfiguration, the disciples keep secret what they have seen. Not until they also witness his Passion and death will the disciples understand Jesus' Transfiguration. We hear this story of Jesus' Transfiguration early in Lent, but we have the benefit of hindsight. In our hearing of it, we anticipate Jesus' Resurrection even as we prepare to remember Jesus' Passion and death

Physically, they were asleep, but spiritually, they were awake in order to accomplish the task that brought them there. Like these apostles, we too must remain spiritually awake this season in order to experience God's glory. If we must behold the glory of God revealed in Jesus Christ, we must be ready to make much sacrifice.

**SACRAMENT OF BAPTISM** To baptise your child please hone the Parish Office to book for the class, arrange a date and time of baptism. We request ALL PARENTS, who wish to get their child baptised, to bring their own baptism certificates as proof that they are Catholics, a copy of their child's birth certificate and proof of address along with the Baptism Form collected at the back of the church. GODPARENTS will need to bring their baptism certificate to proof they are practicing Catholics

### Catholic Parliamentary and Public Affairs Internships

Are you a recent/soon-to-be Catholic graduate interested in getting involved in public service? If so, we are pleased to announce that you can now able to apply to become one of next year's Faith in Politics interns! Check out our website for more information on our parliamentary and public affairs placements  
[Faith in Politics](http://Faith in Politics) [faithinpolitics.org.uk/apply](http://faithinpolitics.org.uk/apply)

**Stations of the Cross:** We have every Sunday at 4.30pm throughout the Lent. A priest will be round to hear confessions

**THREE THINGS TO DO FOR LENT** Lent is a positive and strengthening experience ... a time to become the person you always wanted to be. Lent, we are told is a time for fasting and abstinence, almsgiving and prayer. Here are three things for you to do during Lent.

**Fasting and Abstinence.** Keep your meals small and simple during Lent. This is not a slimming exercise. The thinking behind fasting and abstinence is that we strengthen our spiritual life by weakening physical pleasures. Fasting means reducing the amount of food that we would normally eat. Abstinence means not eating a particular food (meat). The law of Fasting binds all those who are between eighteen years of age and sixty years of age. The law of Abstinence binds everyone (except for the frail and the sick) once they have reached their fourteenth birthday.

**Almsgiving** We are bombarded with requests for money from a huge number of charities. Identify a charity that means something to you .... find out what they do and make a contribution. If you can't afford to give money, give your time.

**Prayer** Our lives are so hectic that we often forget to set aside a few quiet moments in which to talk to God. During Lent, postpone breakfast television for a few moments and make a short prayer. In the evening encourage your children to say a night time prayer before bed.

**How To Have A Mass Offered:** Please fill-in a Mass Intention envelope which you will find at the back of Church or alternatively you may ask a member of the parish Clergy for one. Once completed, place in the Collection bags on Sunday or hand it to any of the clergy, Parish Secretary or the Sacristan, or if during the week put it through the Priest's House letterbox. It is important that you use the pre-printed Mass Intention envelopes so that we know who has requested the Mass. Charity Number: 1173050 (PLEASE STOP COMING TO THE OFFICE ON SUNDAYS TO BOOK MASSES – USE THE ENVELOPES AT THE BACK OF THE CHURCH)